

TROOP 970

BACKPACKER'S CHECKLIST

Pack	Pack with padded hip strap	Miscellaneous	Pocket knife (small)
	Pack cover (or large plastic bags)		Flashlight (small)
	Zip lock bags (assorted sizes)		Extra batteries and bulb
	Straps to hold gear on pack		Compass
Sleeping	Sleeping bag		Whistle
	Waterproof stuff sack for sleeping bag		Towel (small)
	Sleeping pad		Comb
	Sleeping clothes		*Toothbrush and toothpaste
	Stocking cap (weather)		*Soap
Eating	Deep bowl, plate or Frisbee		*Matches or lighter
	Cup		*Medicines
	Spoon		*Lip balm (sun block)
	Water bottles (2 quarts min.)		*Mole skin
Clothes	Hiking boots (broken in)		*Band-aids
	Camp shoes (tennis shoes or sandals)		*Sunscreen
	Wool socks	*Insect repellent (stick)	
	Liner socks	Optional	Notepad
	Underwear		Pencil
	Walking shorts		Hiking stick
	Long pants		Cap
	Short sleeve T-shirts		Bandana
	Long sleeve T-shirts		Belt
	Rain gear (jacket and pants)		Sunglasses
	Warm jacket (weather)		Fishing gear
	Long underwear (weather)		Camera
Gloves (weather)	*Film		
	Small binoculars		
	50 ft 1/8" nylon cord		
	Toilet paper		
	Cards		
	*Small first-aid kit		
* - these items go in bear bag with food at night			